

Executive Stress Formula™

Nutrients to boost the body's defenses against stress

DESCRIPTION

Executive Stress Formula™, provided by Douglas Laboratories, is a synergistic and comprehensive combination of vitamins, minerals, enzymes, herbals, and other nutrients, carefully formulated and specifically designed to support and boost the function of the body's defenses against stress.

FUNCTIONS

Studies show that a high percentage of adults in North America and other developed countries eat less than the minimum daily allowance of 10 or more essential nutrients. Adequate amounts and proper balance of these nutrients are needed not only for maintaining good health, but also for the dietary management of the body's structure as well as the optimum functioning of its various systems, including the immune system. Executive Stress Formula™ has been carefully developed to contain the right proportions of vitamins, minerals, trace elements, and other nutrients without danger of toxic build-up or of side effects. Each ingredient is selected in consideration of its absorbability, competitive relationship with other nutrients, allergenic potential, and long-term safety. Certain nutrients such as beta-carotene, vitamin C, vitamin E and B-complex vitamins are included in high-potency amounts because of the vital roles they play in antioxidant protection, energy production and maintenance of healthy blood cells, nervous system, hormonal balance, and more. Minerals and trace elements are provided in their safest and most bioavailable forms.

Executive Stress Formula™ contains not only the base formula of Douglas Laboratories' Ultra-Specific Nutrition 2000 Series™ that offers intensive support for the healthy functioning of the body in general, but also a blend of herbs and additional nutrients specifically formulated to offer additional fortification of the body's defenses against oxidative assaults to the structure and function of our body's metabolic systems including its immune system.

Scientific research has shown the oxidative damage to the structure and function of the body's tissues, associated with the stresses of modern life, can be attenuated by the various nutrients included in Executive Stress Formula™ such as vitamin E, vitamin C, coenzyme Q-10, reduced glutathione, proanthocyanidins of red grapes, and the herb *Silybum marianum*. Additionally, citrus bioflavonoids, vitamin E, vitamin C, zinc, and selenium provide potent protection against oxidative damage to the structure and function of blood vessels.

INDICATIONS

Executive Stress Formula™ tablets may be a useful dietary supplement for those who wish to boost their body's defenses against stress.

FORMULA (#4541)

Four Tablets Contain:

500 mg Blend of:

Ginkgo biloba Extract (minimum 24% ginkgoflavonglycosides and 6% terpenes), Silymarin (from *Silybum marianum*), Coenzyme Q-10, Lemon Bioflavonoids, Proanthocyanidins (Red Wine Grapes), SOD/Glutathione Peroxidase (Young Wheat Sprouts), L-Glutathione (Reduced), Brown Rice Protein Concentrate (hydrolyzed, digestibility 96%), N-Acetyl-L-Cysteine, L-Methionine, Betaine HCl, Glutamic Acid and L-Glycine

Beta-Carotene (Vitamin A Activity).....	15,000 I.U.
Vitamin A (Palmitate, Water Dispersible)	5,000 I.U.
Vitamin D-3	50 I.U.
Vitamin E (Succinate).....	200 I.U.
Vitamin C (Ascorbic Acid).....	1,000 mg
Vitamin B-1 (Thiamine HCl).....	50 mg

(continued on reverse)

Vitamin B-2 (Riboflavin).....	25	mg
Niacin	20	mg
Niacinamide.....	100	mg
Pantothenic Acid (as d-Calcium Pantothenate).....	150	mg
Vitamin B-6	25	mg
(as Pyridoxine HCl/Pyridoxal-5-Phosphate Complex)		
Vitamin B-12 (on Ion Exchange Resin).....	100	mcg
Folic Acid	800	mcg
Biotin	300	mcg
Choline Citrate/Bitartrate.....	50	mg
Inositol.....	25	mg
Citrus Bioflavonoid Complex	100	mg
PABA (Para-Aminobenzoic Acid).....	50	mg
Calcium (Citrate/Ascorbate Complex).....	300	mg
Magnesium	300	mg
(Aspartate/Ascorbate Complex)		
Potassium (Aspartate Complex).....	75	mg
Zinc (Aspartate Complex).....	20	mg
Copper (Amino Acid Chelate).....	2	mg
Manganese (Aspartate Complex).....	15	mg
Chromium GTF	200	mcg
(Organically bound with GTF activity-low allergenicity)		
Selenium	200	mcg
(Organic Selenium in Krebs [†] Cycle and Kelp)		
Molybdenum (Krebs [†])	50	mcg
Vanadium (Krebs [†])	25	mcg
Boron (Aspartate/Citrate Complex).....	1	mg
Trace Elements (Sea Vegetation).....	100	mcg

[†]Krebs=Citrate, Fumarate, Malate, Glutarate and Succinate Complex

SUGGESTED USE

Adults take 4 tablets daily with meals or as directed by physician.

SIDE EFFECTS

No adverse effects have been reported

HOW SUPPLIED

Supplied in bottles of 120 tablets.

STORAGE

Store in a cool, dry place, away from direct light.

Keep out of reach of children.

REFERENCES

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**These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.**

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